

Why you should buy  
fresh fruit and vegetables  
in season

He aha te take me hoko  
koe i ngā huarākau me ngā  
huawhenua rānei ā-kaupeka

Explain why people should buy fresh fruit and vegetables in season.

- Give at least three **examples** (facts) to support your explanation.
- Finish with a **conclusion** that summarises your argument.
- Use **words or phrases** such as “I believe”, “In my opinion”, “because”, and “for example”.

